



## Memo

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To: Parents and Guardians  
From: Emily Hudson, Director, Killington Parks and Recreation  
Subject: Important information about ticks  
Date: February 28, 2023  
CC:

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### Important Information About Ticks

The Town of Killington Department of Parks and Recreation is excited to welcome children for another year of outdoor summer camp. Camp Loads of Fun, Rek and Trek, as well as specialty camps will be returning this year for 10 weeks of adventure and recreation.

Ticks live in grassy, brushy, or wooded areas and also live on animals, so while we will take special precaution during camp it is good to be aware of ticks all year long. Tick are known to spread several diseases, including Lyme disease, Rocky Mountain Spotted Fever, and more, so if a child is found to have a tick bite we will notify you.

As a camp we will take precautions with your child to avoid ticks, however we strongly recommend that you discuss proper tick protocol with your child so we can have a happy and healthy summer. When you campers come home each night, we suggest doing a tick check, paying special attention to the common areas ticks love: under the arms, in and around ears, inside belly button, backs of knees, in and around hair, between the legs, around the waist. If a camper finds a tick on him or herself at any point during the day s/he should proceed immediately to their counselor.

The Centers for Disease Control and Prevention also suggests the use of [EPA regulated insect repellents](#) as a preventative measure against ticks. To learn more about ticks and CDC recommendations, visit: <https://www.cdc.gov/ticks/index.html>.

Thank you and we look forward to a fun and healthy summer!