

What to Bring to Rek and Trek Adventure Camp

Please read carefully and make sure campers have all the following items daily. We appreciate your attention to this list.

- Backpack to hold the following items:
 - Water bottle, filled
 - Cloth facial covering (mask)
 - Lunch in a cooler or lunchbox (we do not have refrigerators)
 - Snack
 - Sneakers
 - Change of socks
 - Sun Protection
 - Sunscreen. Please arrive with sunscreen already on your child, plus provide more for reapplication.
 - Sunhat (optional)
- Bug spray
- Swimsuit
- Towel
- Raincoat or windbreaker
- Water shoes (optional)
- Love of the outdoors!